

<b>Your Strengths</b> Tell us about the things that are good!	<b>Strong Relationships</b> Who do you have relationships with that are pleasing to you?
<b>Do You Like Yourself?</b> <b>Do You Love Yourself?</b>	<b>What Makes You Happy?</b>
<b>Good Spaces</b> As you think about the area you live in, what do you like about it?	<b>Strong Body</b> Think about your body and yourself. What do you like?
<b>Spirituality</b> Think about your values, sense of belonging, goals, religion, beliefs.	<b>Children's Schooling</b> What do you like about your children's school?
<b>Drugs and Alcohol</b> How do you and you family stay away from drugs/alcohol that you feel are not helpful?	<b>Positive Sexuality</b> What are the things about your sexuality that you like?