

CADC helping seniors during the pandemic



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CADC continues efforts for local seniors

MURFREESBORO -- The local CADC Senior Adult Center is still continuing its efforts to help local seniors with several programs during the pandemic.

COMMODITIES -- Last Thursday and Friday the center did 125 distributions of commodities, using methods to avoid senior corona contamination. Until further notice, all distributions will be drive through with no contact. Distributions come in monthly and quarterly versions. For more info or to sign up call CADC (870) 285-2312, and info will be taken over the phone.

MEALS ON WHEELS -- Meals on Wheels are being

distributed by local first responders. The meals include one hot meal and six frozen meals during COVID pandemic to the local residents. "Thanks to the first responder for doing for a month providing invaluable service without them, we couldn't do the meals," Center Director Vickie Hutson said of her regular staff of four. The service distributes 270 meals weekly.

MEALS -- Pandemic home delivered meals (so named because they are eaten at home) are available for seniors at the back door of the center on Monday-Wednesday 11:30-1:00 to any senior 60 years of age or older. "As long as we are on shutdown status we will continue and home delivered program," Hutson said. The service averages 50-60 seniors per day.

"For the foreseeable future keep taking of seniors as long as we can," said Hutson.

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